

10/22/09 - Optimizing performance with CCleaner

CCleaner is a free, nifty program that I frequently use for computer tune-ups. I use it primarily for its registry cleaner, which you can see in the screenshot below.

Cleaning the registry is especially helpful for computers that have had Windows installed a while. As programs are installed and uninstalled, unnecessary junk builds up over time, slowing performance, occasionally causing other problems.

To run the registry cleaner, start CCleaner, click on the registry icon on the left, click on '?Scan for Issues', and finally click '?Fix selected issues'.

